i gather it's not habit forming from all the posts and that is one of my big worries is that i won't be able to get off something once i am on it.

the drugs are approved for use with diet and exercise to lower blood sugar in adults with type 2 diabetes.

"it's typical of appalachian mountain culture."

the healthier marine omega-3 fatty acids are found in cold-water fishlike salmon, tuna and sardines.